

What is claimed is:

1. A fatigue relieving/preventing apparatus associated with vehicular control means comprising:
 - a first section that connects to a predetermined portion of the vehicular control means; and
 - a deformable section that connects to the first section that is capable of supporting at least a portion of a vehicular operator's body.
2. The apparatus as recited in claim 1, wherein the deformable second section is deformable in at least one direction when deforming pressure is applied to such deformable second section.
3. The apparatus as recited in claim 1, wherein the deformable second section supports a portion of the vehicular operator's body when pressure from such body portion is applied in at least one direction.
4. The apparatus as recited in claim 1, wherein the vehicular control means is capable of controlling at least a nautical vessel, aircraft, or ground transportation vehicle.
5. The apparatus as recited in claim 1, wherein the deformable second section will return to an original first position after deforming pressure is removed therefrom.
6. The apparatus as recited in claim 1, wherein the portion of the body supported by the deformable second section includes at least a forearm, wrist, or hand.
7. The apparatus as recited in claim 1, wherein the first section extends a length of a predetermined portion of the vehicular control means.
8. The apparatus as recited in claim 1, wherein the deformable second section includes at least two deformable second sections that each connect to the first section.
9. The apparatus as recited in claim 1 or 8, wherein the first section is deformable.
10. A fatigue relieving/preventing apparatus associated with a vehicular control means, comprising:
 - at least two discrete first sections that each connect to a predetermined portion of the vehicular control means, and

a discrete deformable second section that connects to each first section.

11. The apparatus as recited in claim 10, wherein each deformable second section is deformable in at least one direction when deforming pressure is applied to each discrete such deformable second section.

12. The apparatus as recited in claim 10, wherein each deformable second section supports a portion of the vehicular operator's body when pressure from such body portion is applied to it in at least one direction.

13. The apparatus as recited in claim 10, wherein the vehicular control means is capable of controlling at least a nautical vessel, aircraft or ground transportation vehicle.

14. The apparatus as recited in claim 10, wherein each deformable second section will return to an original first position after deforming pressure is removed therefrom.

15. The apparatus as recited in claim 10, wherein the portion of the body supported by the deformable second section includes at least a forearm, wrist, or hand.

16. The apparatus as recited in claim 6 or 15, wherein the apparatus is adjustable for supporting different sizes or types of body portions.

17. The apparatus as recited in claim 1 or 10, wherein each first section is capable of being formed integral with the vehicular control means.

18. The apparatus as recited in claim 1 or 10, wherein each first section is capable of being detached from the vehicular control means.

19. The apparatus as recited in claim 10, wherein each first section is deformable.